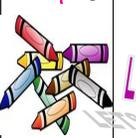
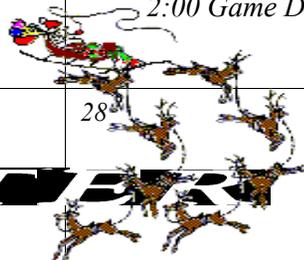


CRESSKILL SENIOR ACTIVITY CENTER 201-503-9831

December 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>28 Tree Trimming - Holiday Party 11:00 Tree Trimming and a free holiday lunch, then a musical show . You MUST sign up at center limited space available. See Donnajo Tables of 8—10 available</p>	<p>29 Computer Less by appt. 9-11 10:00 Bridge 10:15 BASIC Training 11:45 Stretch Class 1:30 Art Class</p> 	<p>30 Computer Lessons by appt. 9-11 9:45—11:15 Quilting Chair Yoga 11:45 1:00 Yoga Class 2:00 Game Day</p>  	<p>1 DECEMBER 9:30 Qi-Gong/Tai-Chi 10:30 Movie 94m PG-13 <u>My Big Fat Greek Wedding 2</u> 1:00 Duplicate Bridge</p> 	<p>2 9:30 Zumba Gold 10:00 Discussion Group 11:15 STRENGTH training 12:00 PILATES 1:00 YMCA Exercise 1:00 Mah-Jong</p> 	<p>3</p> 
 	<p>5 Book Club 11:00 Ballroom Dancing Lesson 10:30-12:30 Coloring Corner 12:30 LETS RELAX AND COLOR</p>	<p>6 Computer Less by appt. 9-11 10:00 Bridge 10:15 BASIC Training 11:45 Stretch Class 1:30 Art Class</p> 	<p>7 Computer Lessons by appt. 9-11 9:45—11:15 Quilting Chair Yoga 11:45 1:00 Yoga Class 2:00 Game Day</p>  	<p>8 NO Qi-Gong/Tai-Chi 10:30 Movie 109m <u>"Miracles for Heaven"</u> RATED PG-13 1:00 Duplicate Bridge</p> 	<p>9 9:30 Zumba Gold 10:00 Discussion Group 11:15 STRENGTH training 12:00 PILATES 1:00 YMCA Exercise 1:00 Mah-Jong</p> 	<p>10</p> 
11	<p>12 12:30 Senior Meeting</p> 	<p>13 Computer Less by appt. 9-11 10:00 Bridge 10:15 BASIC Training 11:45 Stretch Class 1:30 Art Class</p> 	<p>14 Computer Lessons by appt. 9-11 9:45—11:15 Quilting Chair Yoga 11:45 1:00 Yoga Class 2:00 Game Day</p>  	<p>15 9:30 Qi-Gong/Tai-Chi 10:30 Movie 100m PG-13 <u>"The Christmas Candle"</u> 1:00 Duplicate Bridge</p> 	<p>16 9:30 Zumba Gold 10:00 Discussion Group 11:15 STRENGTH training 12:00 PILATES 1:00 YMCA Exercise 1:00 Mah-Jong</p> 	<p>17</p> 
 	<p>19 Ballroom Dancing Lesson 10:30-12:30 Coloring Corner 12:30 LETS RELAX AND COLOR</p>	<p>20 Computer Less by appt. 9-11 10:00 Bridge 10:15 BASIC Training 11:45 Stretch Class 1:30 Art Class</p>	<p>21 Computer Lessons by appt. 9-11 9:45—11:15 Quilting Chair Yoga 11:45 1:00 Yoga Class 2:00 Game Day</p> 	<p>22 9:30 Qi-Gong/Tai-Chi No Movie Today 1:00 Duplicate Bridge</p>	<p>23 Happy Hanukkah CENTER CLOSED</p> 	<p>24</p> 
Merry Christmas	CENTER CLOSED			29	30	Happy New Year