



# Borough of Cresskill

**Division of Fire**

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Chief of Department

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## **PRESS RELEASE**

### **Cresskill Fire Department Offers Free File of Life**

Potentially lifesaving program provides first responders with important medical information

The Cresskill Fire Department's File of Life program allows a resident who may be unresponsive to communicate with EMT's/Firefighters. The File of Life is a bright red plastic sleeve, roughly the size of a big postcard that affixes to a refrigerator with a magnet. Inside the sleeve is a form on which residents can indicate medical history, prescriptions, allergies and emergency contacts. This form allows first responders to know what ailments a patient may be suffering from before it's too late. In the package is also a File of Life sticker which should be placed on the front door directing the first responders to check the refrigerator for your medical information. Chief Ulshoefer recommends filling the form out in pencil due to certain prescriptions that may change frequently from the results of blood tests.

The **Free** File of Life packets can be picked up at the following locations:

Fire Headquarters  
EMS Headquarters  
Borough Hall  
Senior Center  
Cresskill Public Library

In the event you are unable to pick up a packet, call Fire Headquarters at 201 568-0030 and a firefighter/EMT will drop one off to you. As a reminder, the File of Life Packet is Free.