

# CRESSKILL SENIOR *Activity* CENTER, 38 SPRING ST. ~201-503-9831

## May 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Sign up to go to the DMV with the town bus on May 4th. You can renew your license as early as six months of its expiration. See Donnajo</p>	<p>2 10:30 Italian Lessons</p>	<p>3 10:00 Advanced Bridge Lessons</p> <p>12:00 Stretch Class 1:30 Art Class</p>	<p>4 9:00 Trip to DMV by appt. See Donnajo 10:00 Inter. Bridge 10:30 Quilting Class 1:00 Yoga Class</p>	<p>5 9:30 Qi-Gong/Tai-Chi 11:00 Movie <b>Rated PG-13</b> "<u>Life as we Know It</u>" (115 min) 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Movie</p>	<p>6 9:30 Zumba Gold 11:00 Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong 1:30 French Lessons</p>	<p>7</p>
<p>8</p>	<p>9 10:00 Italian Lessons 12:30 Senior Club Meeting</p>	<p>10 ♠♥♦♣ 10:00 Advanced Bridge Lessons 12:00 Stretch Class 1:30 Art Class</p>	<p>11 10:00 Inter. Bridge 10:30 Quilting Class 1:00 Yoga Class 7:00 Movie Cinema Gold "<u>The Third Man</u>" (105 min.)</p>	<p>12 9:30 Qi-Gong/Tai-Chi 11:00 Movie <b>Rated "R"</b> "<u>The Fighter</u>" (115 min) 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Movie</p>	<p>13 9:30 Zumba Gold 9:30 Crocheting Class 11:00 Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong 1:30 French Lessons</p>	<p>14</p>
	<p>16 10:30 Italian Lessons *11:00 am Join us for "<u>Wake up your mind, energize your body, &amp; invigorate your smile</u>" Limited space please call to reserve your seat.</p>	<p>17 ♠♥♦♣ 10:00 Advanced Bridge Lessons 12:00 Stretch Class 1:30 Art Class</p>	<p>18 10:00 Inter. Bridge 10:30 Quilting Class</p> <p>1:00 Yoga Class</p>	<p>19 NO Qi-Gong/Tai-Chi 11:00 Movie <b>Rated PG-13</b> "<u>The Switch</u>" (101 min) 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Movie</p>	<p>20 9:30 Zumba Gold 11:00 Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong 1:30 French Lessons</p>	<p>21</p>
<p>22</p>	<p>23 NO Italian Today! 10:30—12:30 Blood Pressure Taken and recorded 12:30 Senior Meeting</p>	<p>24 10:00 Advanced Bridge Lessons</p> <p>12:00 Stretch Class 1:30 Art Class</p>	<p>25 10:00 Inter. Bridge 10:30 Last Quilting 1:00 Yoga Class 7:00 Movie Cinema Gold "<u>Watch on the Rhine</u>" (112 min.)</p>	<p>26 9:30 Qi-Gong/Tai-Chi 11:00 Movie <b>Rated PG-13</b> "<u>Get Low</u>" (100 min) 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Movie</p>	<p>27 9:30 Zumba Gold 9:30 Crocheting Class 11:00 Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong 1:30 French Lessons</p>	<p>28</p>
<p>29</p>	<p>30 CENTER CLOSED</p>	<p>31 10:00 Advanced Bridge Lessons 12:00 Stretch Class 1:30 Art Class</p>			<p>*MAY 16th - 11 am. <u>All Our Thoughts Emotions, Dreams &amp; Actions Begin in the Brain.</u> We all have to embrace life &amp; its challenges. Join us for a fun educational exercise program focused on kinesthetic learning. This will energize the body and challenge the mind. Limited Space call for reservation. This is program is being sponsored by CareOne.</p>	



If there is an Emergency Closing or Delayed opening of the Cresskill Senior Activity Center the decision will be made by 9:00 am. or as the emergency develops. This decision shall remain in effect for the entire day, regardless of changing conditions. Please call the center for the official announcement or any other important information.