

You are invited to participate
in the

Free
**HEALTH CONSULTATION
PROGRAM**

Services Include:

Health history evaluation
Blood pressure measurement
Height and weight measurement
Individualized counseling and education
Referral and follow-up
Confidential consultation with a
Public Health Nurse

**Where: Cresskill Senior Activity Center
38 Spring Street**

**When: 4th Monday of Every Month (except fo December)
10:30 AM to 12:30 PM**

2010	Jan.25	Apr. 26	July 26	Oct. 25
	Feb. 22	May 24	Aug. 23	Nov.22
	Mar. 22	June 28	Sept. 27	

**This program is sponsored by: The Cresskill Board of Health.
For more information call 201-503-9831**