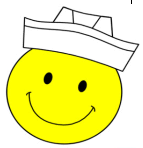
CRESSKILL SENIOR *Activity* CENTER, 38 SPRING ST. ~201-503-9831

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:30 Italian Lessons 	2 10:00 Advanced Bridge Lessons 12:00 Stretching Class 1:30 Sketching Class	3 9:30 Belly Dance 10:00 Inter. Bridge 1:00 Yoga Class 7:00Movie Cinema Gold "Mayerling"	4 9:30 Qi / Tai-Chi 9:30 Crocheting Class 11:00 Movie The Other Boleyn Girl" PG-13 12:30 Scrabble 1:30 Duplicate Bridge NO Evening Movie	5 9:30 Zumba Gold 9:30 Crocheting Class 11:00Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong	6
7	8 10:30 Italian Lessons 12:30 Senior Meeting 	9 10:00 Advanced Bridge Lessons 12:00 Stretching Class 1:30 Sketching Class	10 9:30 Belly Dance 10:00 Inter. Bridge 1:00 Yoga Class 	11 9:30 Qi / Tai-Chi 11:00 Movie "Adam" Rated PG-13 12:30 Scrabble 1:30 Duplicate Bridge NO Evening Movie	12 NO Zumba Gold 11:00Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong	
14	15 10:30 Italian Lessons 	16 10:00 Advanced Bridge Lessons 12:00 Stretching Class 1:30 Sketching Class	17 9:30 Belly Dance 10:00 Inter. Bridge 1:00 Yoga Class 	18 9:30 Qi / Tai-Chi 9:30 Crocheting Class 11:00 Movie "Angels & Demons PG-13 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Evening Movie	19 NO Zumba Gold 9:30 Crocheting Class 11:00Discussion Group 1:00 YMCA Exercise 1:00 Mah-	20
21 	22 NO Italian Today 10:30—12:30 Blood Pressure s Taken and Recorded 12:30 Senior Meeting	23 10:00 Advanced Bridge Lessons 12:00 Stretching Class 1:30 Last Sketching	24 9:30 Belly Dance 10:00 Inter. Bridge 1:00 Yoga Class 7:00Movie Cinema Gold "Mary of Scotland"	25 9:30 Qi / Tai-Chi 11:00 Movie "Couples Retreat" Rated PG-13 12:30 Scrabble 1:30 Duplicate Bridge 7:00 Evening Movie	26 9:30 Zumba Gold 11:00Discussion Group 1:00 YMCA Exercise 1:00 Mah-Jong 9: 	27
28	29 10:30 Italian Lessons 	30 10:00 Advanced Bridge Lessons 12:00 Stretching Class 1:30 Last Sketching Class	31 9:30 Belly Dance 10:00 Inter. Bridge 1:00 Yoga Class 			