

Cresskill Parks and Recreation 2022 Fall Brochure

Weekly Schedule Breakdown

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Parent & Me GYMNASTICS: 7 mo-5yo ~ 9:15 am</p> <p>Parent & Me KIDZ MUSIK: 7 mo-5yo ~ 10 am</p>		<p>Hip Hop with Bella: 5yo-6yo ~ 3:30 pm 7yo-8yo ~ 4:15 pm 9yo-11yo ~ 5:15 pm</p>			<p>Yoga w/ Cherlyn: Adults ~ 9 am Adults ~ 10 am</p>
			<p>Public Speaking I: 5yo-8yo ~ 3:45 pm</p> <p>Public Speaking II: 8yo-12yo ~ 4:30 pm</p> <p>Creative Writing: 8yo-11yo ~ 5:15 pm</p> <p>Kidz Debate: 9yo-13yo ~ 6 pm</p>			<p>Ballet / Tap Dance: 3yo-4yo ~ 9:30 am 5yo-7yo ~ 10:15 am 8yo-11yo ~ 11:15 am</p>
	<p>Instructional Tennis: 6yo-9yo ~ 4 pm 6yo-9yo ~ 5 pm 10yo-14yo ~ 6 pm 10yo-14yo ~ 7 pm</p>	<p>BRIDGES & BUILDING: 6yo-11yo ~ 4:30 pm</p> <p>AGENT992 ROBOT: 6yo-11yo ~ 5:30 pm</p>	<p>Basketball Training: Grades 5-8 ~ 6:30 pm Grades 9-12 ~ 7:30 pm</p>	<p>Instructional Tennis: 6yo-9yo ~ 4 pm 6yo-9yo ~ 5 pm 10yo-14yo ~ 6 pm 10yo-14yo ~ 7 pm</p>		<p>Kindersoccer: Grades K-2 ~ 9 am Grades K-2 ~ 10 am</p>
<p>* In-Town Soccer League Games: Boys Grades 1-8 ~ 12:30 pm to 4:00 pm</p>		<p>* In-Town Soccer: Grades 1-8 ~ 6 pm to 8 pm</p>		<p>* In-Town Soccer: Grades 1-8 ~ 6 pm to 8 pm</p>		<p>TGA Golf: Grades K-2 ~ 11 am Grades 3-5 ~ 12 pm</p>
	<p>Evening Yoga w/ Cherlyn: Adults ~ 7:30 pm</p> <p>Instructional Tennis: Adults ~ 8 pm</p>	<p>Volleyball (Girls): Grades 3-5 ~ 6:30 pm Grades 6-8 ~ 7:30 pm</p>	<p>Evening Yoga w/ Cherlyn: Adults ~ 7:30 pm</p> <p>Adult Basketball: Adults ~ 8:30 pm</p>	<p>Volleyball (Boys): Grades 3-5 ~ 6:30 pm Grades 6-8 ~ 7:30 pm</p> <p>Instructional Tennis: Adults ~ 8 pm</p>		<p>* In-Town Soccer League Games: Girls Grades 1-8 ~ 12:30 pm to 4:00 pm</p>

Color Key: Dance Programs Sports Programs
After School Programs Pre-School Programs Adult Programs

**Please note practice and game times may change depending on coaches/scheduling availability*