

CRESSKILL SENIOR ACTIVITY CENTER 201-503-9831

NOVEMBER 2022 IN-PERSON / VIRTUAL CALENDAR

38 Spring Street, Cresskill, New Jersey 07626



WWW.CRESSKILLBORO.COM



MEDICARE
EDUCATION SERVICES



MEDICARE
EDUCATION SERVICES

Mon	Tue	Wed	Thu	Fri
<p>*November 14th @ 12:30 Medicare Part D Educational Lecture— the deadline to enroll for Medicare coverage is approaching. Reserve your seat to listen to the information you need to make the best choose for you.</p>	<p>1 9:45 am Stephen's Basic Training IN-PERSON or ZOOM NEW Meeting# 898 9640 1347 Password Stephen 11:00 am Betsy's Stretch IN-PERSON or ZOOM Meeting# 861 0522 2055 Password Ztzw4k 11:00 am Men's Poker 12:00 pm Betsy's Cardo IN-PERSON or ZOOM Meeting # 897 2408 3039 Password Ztzw4k 1:00 pm SESSION #4 Watercolor LESSON #8</p>	<p>2 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class NEW Meeting # 886 3049 9050 Password Stephen 12:00 pm Game Day</p>	<p>3 10:00 am Mahjong (Players needed) 10:00 am Tai-Chi IN-PERSON or ZOOM Meeting #790 9101 0955 Password 824244 11:00 am Duplicate Bridge</p>	<p>4 10:00 am Kim's Pilates IN-PERSON or ZOOM Meeting#87023051168 Password Cresskill 11:00 am. Discussion Group 11:15 am Movin & Grovin w/ Kim Meeting# 87023051168 Password Cresskill 1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
<p>7 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 11:00 am Stephen's Strength Training Meeting # 823 5396 5580 Password Stephen 12:00 pm MOVIE Monday's "FLAG DAY" 1 Hour 32 Minutes 1:00 pm Book Club #1</p>	<p>8 WE ARE CLOSED FOR VOTING  CENTER CLOSED TO ALL PROGRAMS</p>	<p>9 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class Meeting # 886 3049 9050 Password Stephen 12:00 pm Game Day</p>	<p>10 10:00 am Mahjong (Payers needed) 10:00 am Tai-Chi IN-PERSON or ZOOM Meeting #790 9101 0955 Password 824244 11:00 am Duplicate Bridge</p>	<p>11  Closed on November 11 in observance of VETERANS DAY</p>
<p>14 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate NO Knitting & Crocheting TODAY 11:00 am Stephen's Strength Training Meeting # 823 5396 5580 Password Stephen *12:30 -1:30 MEDICARE ANNUAL ENROLLMENT INFO SESSION.... DEADLINE FOR ENROLLMENT 12/7</p>	<p>15 9:45 am Stephen's Basic Training IN-PERSON or ZOOM Meeting# 898 9640 1347 Password Stephen 11:00 am Betsy's Stretch IN-PERSON or ZOOM Meeting# 861 0522 2055 Password Ztzw4k 11:00 am Men's Poker 12:00 pm Betsy's Cardo IN-PERSON or ZOOM Meeting # 897 2408 3039 Password Ztzw4k 1:00 pm SESSION #4 Watercolor LESSON #9</p>	<p>16 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class NEW Meeting# 898 9640 1347 Password Stephen</p>	<p>17 9:00-1:00 am  Blood Pressure Screening By appointment only 10:00 am Mahjong 10:00 am Tai-Chi Meeting #790 9101 0955 Password 824244 11:00 am Duplicate Bridge</p>	<p>18 10:00 am Kim's Pilates IN-PERSON or ZOOM Meeting#87023051168 Password Cresskill 11:00 am. Discussion Group 11:15 am Movin & Grovin w/ Kim Meeting# 87023051168 Password Cresskill 1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
<p>21 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 11:00 am Stephen's Strength Training Meeting # 823 5396 5580 Password Stephen 12:00 pm MOVIE Monday's "Stillwater" 2Hour 20 Minutes Rated "R" 1:00 pm Book Club #2</p>	<p>22 9:45 am Stephen's Basic Training IN-PERSON or ZOOM Meeting# 898 9640 1347 Password Stephen 11:00 am Betsy's Stretch IN-PERSON or ZOOM Meeting# 861 0522 2055 Password Ztzw4k 11:00 am Men's Poker 12:00 pm Betsy's Cardo IN-PERSON or ZOOM Meeting # 897 2408 3039 Password Ztzw4k 1:00 pm SESSION #4 Watercolor LESSON #10</p>	<p>23 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am IN-PERSON or ZOOM Stephen's Mat Class Meeting # 886 3049 9050 Password Stephen 12:00 pm Game Day</p>	<p>24  25 enjoy family, food & fun! WE'RE CLOSED THANKSGIVING CBL</p>	
<p>28 9:00 am Guided Meditation Zoom only Meeting# 714 8119 7049 Password meditate 9:00 am Knitting & Crocheting 11:00 am Stephen's Strength Training Meeting # 823 5396 5580 Password Stephen 12:00 pm MOVIE Monday's " "Leave No Trace" 1 Hour 49 Min Rated PG</p>	<p>29 9:45 am Stephen's Basic Training Meeting# 898 9640 1347 Password Stephen 11:00 am Betsy's Stretch IN-PERSON or ZOOM Meeting# 861 0522 2055 Password Ztzw4k 12:00 pm Betsy's Cardo IN-PERSON or ZOOM Meeting # 897 2408 3039 Password Ztzw4k 1:00 pm Chocolate making Demo by Phyllis Lane You can taste your creations & learn some fun techniques . Limited Space (9) Must pre-register.</p>	<p>30 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga 11:00 am Stephen's Mat Class Meeting # 886 3049 9050 Password Stephen NO GAME DAY TODAY **12:30 TREE TRIMMING PARTY</p>	<p>**Tree Trimming - Open house Wed. 11/30 Holiday Party 12:30 Tree Trimming and some holiday cookies . Please see Donnajo</p>	<p>Holiday Painting Party 12/ 6-1pm Please register for our painting tutorial. Limited space. MUST register </p>