

CRESSKILL SENIOR ACTIVITY CENTER 201-503-9831

MARCH 2023 IN-PERSON / VIRTUAL CALENDAR

38 Spring Street, Cresskill, New Jersey 07626

WWW.CRESSKILLBORO.COM

Monday

Tuesday

Wednesday

Thursday

Friday



NEW :Ballroom / Latin Dancing Lessons with Oscar are back by popular demand. No partner needed. Monday's in March March 6,13,20 & 27 @ 9:30 am MUST pre-register with Donnajo

Watercolor Session #5
Pre-registration begins March 15th
\$80 pp 10 Lessons dates below:
April 11-18-25
May 2-9-16-23-30
June 13,20
See Donnajo for more information



1 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM
Meeting#787 3764 5088 Password yoga
11:00 am IN-PERSON or ZOOM Stephen's Mat Class
Meeting #601 513 8698 Password Stephen
11:00 am Italian Lessons
12:00 pm Game Day

2 9:45 am Mahjong
10:00 am Tai-Chi IN-PERSON or ZOOM
Meeting # 712 9019 5431
Password 824244
11:00 am Duplicate Bridge
1:00 Writing Unlimited

3 10:00 am Kim's Pilates IN-PERSON or ZOOM
Meeting#87023051168 Password Cresskill
10:00 am. Discussion Group
11:15 am Movin & Grovin w/ Kim
Meeting# 87023051168 Password Cresskill
1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM
Meeting #841 3153 9903 Password 4rVrG7

6 9:00 am Guided Meditation Zoom only
Meeting# 714 8119 7049 Password mediate
9:00 am Knitting & Crocheting-NEW:Ballroom/Latin Dancing 9:30 am
11:00 am Stephen's Strength Training IN-PERSON or ZOOM
Meeting # 601 5138 698 Password Stephen
Movies @ NOON "Queen of the Desert"
2 Hour 8Minutes "PG-13"
1:00 pm Book Club #1



7 9:45 am Stephen's Basic Training IN-PERSON or ZOOM
NEW Meeting #601 513 8698 Password Stephen
11:00 am Betsy's Stretch IN-PERSON or ZOOM
Meeting# 861 0522 2055 Password Ztzw4k
11:00 am Men's Poker
12:00 pm Betsy's Cardo IN-PERSON or ZOOM
Meeting # 897 2408 3039 Password Ztzw4k
1:00 pm Watercolor LESSON #9

8 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM
Meeting#787 3764 5088 Password yoga
11:00 am IN-PERSON or ZOOM Stephen's Mat Class
Meeting #601 513 8698 Password Stephen
11:00 am Italian Lessons
12:00 pm Game Day

9 9:45 am Mahjong
10:00 am Tai-Chi IN-PERSON or ZOOM
Meeting # 712 9019 5431
Password 824244
11:00 am Duplicate Bridge
1:00 Writing Unlimited

10 10:00 am Kim's Pilates IN-PERSON or ZOOM
Meeting#87023051168 Password Cresskill
10:00 am. Discussion Group
11:15 am Movin & Grovin w/ Kim
Meeting# 87023051168 Password Cresskill
1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM
Meeting #841 3153 9903 Password 4rVrG7

13 9:00 am Guided Meditation Zoom only
Meeting# 714 8119 7049 Password meditate
9:00 am Knitting & Crocheting NEW: Ballroom/Latin Dancing 9:30 am—10:30 am
11:00 am Stephen's Strength Training
Meeting #601 513 8698 Password Stephen
Movies @ NOON "The Secret": Dare to Dream
1 Hour 47 Minutes "PG"



14 9:45 am Stephen's Basic Training IN-PERSON or ZOOM
NEW Meeting #601 513 8698 Password Stephen
11:00 am Betsy's Stretch IN-PERSON or ZOOM
Meeting# 861 0522 2055 Password Ztzw4k
11:00 am Men's Poker
12:00 pm Betsy's Cardo IN-PERSON or ZOOM
Meeting # 897 2408 3039 Password Ztzw4k
1:00 pm Watercolor LESSON #10

15 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM
Meeting#787 3764 5088 Password yoga
11:00 am IN-PERSON or ZOOM Stephen's Mat Class
Meeting #601 513 8698 Password Stephen
11:00 am Italian Lessons
12:00 pm Game Day

16 9:45 am Mahjong
10:00 am Tai-Chi IN-PERSON or ZOOM
Meeting # 712 9019 5431
Password 824244
11:00 am Duplicate Bridge
1:00 Writing Unlimited

17 10:00 am Kim's Pilates IN-PERSON or ZOOM
Meeting#87023051168 Password Cresskill
10:00 am. Discussion Group
11:15 am Movin & Grovin w/ Kim
Meeting# 87023051168 Password Cresskill
1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM
Meeting #841 3153 9903 Password 4rVrG7

20 9:00 am Guided Meditation Zoom only
Meeting# 714 8119 7049 Password mediate
9:00 am Knitting & Crocheting NEW: Ballroom/Latin Dancing 9:30am—10:30 am
11:00 am Stephen's Strength Training IN-PERSON or ZOOM
Meeting # 601 5138 698 Password Stephen
Movies @ NOON "I Still Believe"
1 Hour 55Minutes "PG"
1:00 pm Book Club #2



21 9:45 am Stephen's Basic Training IN-PERSON or ZOOM
NEW Meeting #601 513 8698 Password Stephen
11:00 am Betsy's Stretch IN-PERSON or ZOOM
Meeting# 861 0522 2055 Password Ztzw4k
11:00 am Men's Poker
12:00 pm Betsy's Cardo IN-PERSON or ZOOM
Meeting # 897 2408 3039 Password Ztzw4k
1:00 pm Watercolor LESSON #4 MAKE UP CLASS

22 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM
Meeting#787 3764 5088 Password yoga
11:00 am IN-PERSON or ZOOM Stephen's Mat Class
Meeting #601 513 8698 Password Stephen
11:00 am Italian Lessons
12:00 pm Game Day

23 9:00-1:00 pm Blood Pressure Screening
9:45 am Mahjong
10:00 am Tai-Chi IN-PERSON or ZOOM
Meeting # 712 9019 5431
Password 824244
11:00 am Duplicate Bridge
1:00 Writing Unlimited

24 10:00 am Kim's Pilates IN-PERSON or ZOOM
Meeting#87023051168 Password Cresskill
10:00 am. Discussion Group
11:15 am Movin & Grovin w/ Kim
Meeting# 87023051168 Password Cresskill
1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM
Meeting #841 3153 9903 Password 4rVrG7

27 9:00 am Guided Meditation Zoom only
Meeting# 714 8119 7049 Password mediate
9:00 am Knitting & Crocheting NEW: Ballroom/Latin Dancing 9:30 am—10:30 am
11:00 am Stephen's Strength Training
Meeting #601 513 8698 Password Stephen
Movies @ NOON "Respect"
2 Hour 25 Minutes "PG-13"



28 9:45 am Stephen's Basic Training IN-PERSON or ZOOM
NEW Meeting #601 513 8698 Password Stephen
11:00 am Betsy's Stretch IN-PERSON or ZOOM
Meeting# 861 0522 2055 Password Ztzw4k
11:00 am Men's Poker
12:00 pm Betsy's Cardo IN-PERSON or ZOOM
Meeting # 897 2408 3039 Password Ztzw4k
1:00 pm FREE SPRING ACRYLIC LESSON LIMITED SPACE SIGN UP WITH DONNAJO

29 9:30 am Arlene's Chair Yoga IN-PERSON or ZOOM
Meeting#787 3764 5088 Password yoga
11:00 am IN-PERSON or ZOOM Stephen's Mat Class
Meeting #601 513 8698 Password Stephen
11:00 am Italian Lessons
12:00 pm Game Day

30 9:45 am Mahjong
10:00 am Tai-Chi IN-PERSON or ZOOM
Meeting # 712 9019 5431
Password 824244
11:00 am Duplicate Bridge
1:00 Writing Unlimited

31 10:00 am Kim's Pilates IN-PERSON or ZOOM
Meeting#87023051168 Password Cresskill
10:00 am. Discussion Group
11:15 am Movin & Grovin w/ Kim
Meeting# 87023051168 Password Cresskill
1:00 pm Susan's YMCA Exercise IN-PERSON or ZOOM
Meeting #841 3153 9903 Password 4rVrG7

Happy St. Patrick's Day