








# CRESSKILL SENIOR ACTIVITY CENTER 201-503-9831

## June 2022 IN-PERSON / VIRTUAL / CALENDAR 38 Spring Street, Cresskill, New Jersey 07626 WWW.CRESSKILLBORO.COM



Mon	Tue	Wed	Thu	Fri
	<p><b>YOU CAN PAINT THIS</b></p> <p><b>Summer Painting Party (Acrylic Paint)</b> July 5th @ 1 pm</p> <p>Please register for our painting tutorial. Limited space. MUST pre-register</p>	<p>1 <b>9:30 am Arlene's Chair Yoga</b> IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga</p> <p><b>11:00 am IN-PERSON or ZOOM Stephen's Mat Class</b> Meeting # 601 5138 698 Password 8BcN2b 12:00 pm MOVIE "West Side Story" PG 2 hours 36 minutes</p>	<p>2 <b>10:00 am Tai-Chi</b> IN-PERSON or ZOOM 11:00 am Quilting Meeting# 782 7189 3102 Password 824244</p> <p><b>11:00 pm Duplicate Bridge</b></p>	<p>3 <b>10:00 am Kim's Pilates</b> IN-PERSON or ZOOM Meeting # 870 2305 1168 Password Cresskill</p> <p><b>11:00 am Discussion Club</b> <b>11:15 am Movin &amp; Grovin w/ Kim</b> Meeting # 870 2305 1168 Password Cresskill</p> <p><b>1:00 pm Susan's YMCA Exercise</b> IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
<p>6 <b>9:00 am Guided Meditation Zoom only</b> Meeting# 714 8119 7049 Password meditate</p> <p><b>9:00 am Knitting &amp; Crocheting In-person only</b> <b>11:00 am Stephen's Strength Training</b> IN-PERSON or ZOOM Meeting # 601 5138 698 Password 8BcN2b</p> <p><b>1:00 pm Book Club #1 (First Monday's)</b> IN-PERSON ONLY</p>	 <p><b>SORRY WE'RE CLOSED</b></p> <p><b>Don't Forget to VOTE!</b> </p>	<p>8 <b>9:30 am Arlene's Chair Yoga</b> IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga</p> <p><b>11:00 am IN-PERSON or ZOOM Stephen's Mat Class</b> Meeting # 601 5138 698 Password 8BcN2b 12:00 pm MOVIE "King Richard" PG-13 2 hours 25 minutes</p>	<p>9 <b>10:00 am Tai-Chi</b> IN-PERSON or ZOOM Meeting# 782 7189 3102 Password 824244</p> <p><b>11:00 pm Duplicate Bridge</b></p>	<p>10 <b>10:00 am Kim's Pilates</b> IN-PERSON or ZOOM Meeting # 870 2305 1168 Password Cresskill</p> <p><b>11:00 am Discussion Club</b> <b>11:15 am Movin &amp; Grovin w/ Kim</b> Meeting # 870 2305 1168 Password Cresskill</p> <p><b>1:00 pm Susan's YMCA Exercise</b> IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
<p>13</p> <p><b>9:00 am Guided Meditation Zoom only</b> Meeting# 714 8119 7049 Password meditate</p> <p><b>9:00 am Knitting &amp; Crocheting In-person only</b> <b>11:00 am Stephen's Strength Training</b> IN-PERSON or ZOOM Meeting # 601 5138 698 Password 8BcN2b</p>	 <p>14 <b>9:45 am Stephen's Basic Training</b> IN-PERSON or ZOOM Meeting# 601 5138 698 Password 8BcN2b</p> <p><b>11:00 am Betsy's Stretch</b> ZOOM ONLY Meeting# 861 0522 2055 Ztzw4Passwordk</p> <p><b>12:00 pm Betsy's Cardo ZOOM ONLY</b> Meeting # 897 2408 3039 Password Ztzw4k</p> <p><b>1:00 pm Watercolor LESSON #8</b></p>	<p>15 <b>9:30 am Arlene's Chair Yoga</b> IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga</p> <p><b>11:00 am IN-PERSON or ZOOM Stephen's Mat Class</b> Meeting # 601 5138 698 Password 8BcN2b 12:00 pm MOVIE "Maudie" PG-13 1 hour 55 minutes</p>	<p>16 <b>10:00 am Tai-Chi</b> IN-PERSON or ZOOM Meeting# 782 7189 3102 Password 824244</p> <p><b>11:00 pm Duplicate Bridge</b></p>	<p>17 <b>10:00 am Kim's Pilates</b> IN-PERSON or ZOOM Meeting # 870 2305 1168 Password Cresskill</p> <p><b>11:00 am Discussion Club</b> <b>11:15 am Movin &amp; Grovin w/ Kim</b> Meeting # 870 2305 1168 Password Cresskill</p> <p><b>1:00 pm Susan's YMCA Exercise</b> IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
 <p>20 <b>9:00 am Guided Meditation Zoom only</b> Meeting# 714 8119 7049 Password meditate</p> <p><b>9:00 am Knitting &amp; Crocheting In-person only</b> <b>11:00 am Stephen's Strength Training</b> IN-PERSON or ZOOM Meeting # 601 5138 698 Password 8BcN2b</p> <p><b>1:00 pm Book Club #2 (Third Monday's)</b> Meeting at restaurant today.</p>	 <p>21 <b>9:45 am Stephen's Basic Training</b> IN-PERSON or ZOOM Meeting# 601 5138 698 Password 8BcN2b</p> <p><b>11:00 am Betsy's Stretch</b> IN-PERSON or ZOOM Meeting# 861 0522 2055 Ztzw4Passwordk</p> <p><b>12:00 pm Betsy's Cardo IN-PERSON or ZOOM</b> Meeting # 897 2408 3039 Password Ztzw4k</p> <p><b>1:00 pm LAST Watercolor LESSON #9</b></p>	<p>22 <b>9:30 am Arlene's Chair Yoga</b> IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga</p> <p><b>11:00 am IN-PERSON or ZOOM Stephen's Mat Class</b> Meeting # 601 5138 698 Password 8BcN2b 12:00 pm MOVIE "Made In Italy" Rated R 1 hour 34 minutes</p>	<p>23 <b>10:00 am Tai-Chi</b> IN-PERSON or ZOOM Meeting# 782 7189 3102 Password 824244</p> <p><b>11:00 pm Duplicate Bridge</b></p>	<p>24 <b>10:00 am Kim's Pilates</b> IN-PERSON or ZOOM Meeting # 870 2305 1168 Password Cresskill</p> <p><b>11:00 am Discussion Club</b> <b>11:15 am Movin &amp; Grovin w/ Kim</b> Meeting # 870 2305 1168 Password Cresskill</p> <p><b>1:00 pm Susan's YMCA Exercise</b> IN-PERSON or ZOOM Meeting #841 3153 9903 Password 4rVrG7</p>
<p>27</p> <p><b>9:00 am Guided Meditation Zoom only</b> Meeting# 714 8119 7049 Password meditate</p> <p><b>9:00 am Knitting &amp; Crocheting In-person only</b> <b>10:00 am — 1:00 pm FREE Eye Screening</b> Pre-registration required</p> <p><b>11:00 am Stephen's Strength Training</b> IN-PERSON or ZOOM</p>	<p>28 <b>9:45 am Stephen's Basic Training</b> IN-PERSON or ZOOM Meeting# 601 5138 698 Password 8BcN2b</p> <p><b>11:00 am Betsy's Stretch</b> IN-PERSON or ZOOM Meeting# 861 0522 2055 Ztzw4Passwordk</p> <p><b>12:00 pm Betsy's Cardo IN-PERSON or ZOOM</b> Meeting # 897 2408 3039 Password Ztzw4k</p> <p><b>1:00 pm LAST Watercolor LESSON #10</b></p>	<p>29 <b>9:30 am Arlene's Chair Yoga</b> IN-PERSON or ZOOM Meeting#787 3764 5088 Password yoga</p> <p><b>11:00 am IN-PERSON or ZOOM Stephen's Mat Class</b> Meeting # 601 5138 698 Password 8BcN2b 12:00 pm MOVIE "Where the Heart Is" PG-13 2 hour 1 minutes</p>	<p>30 <b>10:00 am Tai-Chi</b> IN-PERSON or ZOOM Meeting# 782 7189 3102 Password 824244</p> <p><b>11:00 pm Duplicate Bridge</b></p>	 <p><b>History Facts</b></p> <p>The National Flag Day is observed on June 14 every year.</p> <p>This celebration started in 1777, when the United States approved the design of its flag. The colors are red, white, and blue.</p> <p>In 1885 a schoolteacher said to his students that it was very important to celebrate the date. His name was Bernard J. Cigrand.</p>